



**COPENHAGEN  
SCANDINAVIAN  
SEVEN a SIDE 2019**

**Saturday 10 and Sunday 11 August  
at Rugbyklubben Speed**

# COPENHAGEN SCANDINAVIAN SEVENS

## 10-11 AUGUST 2019

Organisers: Rugbyklubben Speed

Location: Travbaneparken, Løjtegårdsvej 58-64, 2770 Kastrup, Denmark

Hjemmeside/Homepage [www.scandinaviansevens.dk](http://www.scandinaviansevens.dk)

Mail [organizers@scandinaviansevens.dk](mailto:organizers@scandinaviansevens.dk)

### Sevens committee:

Claus Beck, RK Speed (+45 4911 3168)

Brian Elmegaard, RK Speed (+45 4157 9598)

Jørgen Larsen RK, Speed (+45 2968 7879)

Birgit Andersen, Skandinavisk Rugby Union

### Tournament form:

Saturday d. 10/8, start 12.00

Men: Pool games for qualification and seeding for Sunday tournament

Women: Pool games for qualification and seeding for Sunday tournament

Old Boys: Pool games and finals

Sunday d. 11/8, start 10.00

Men: Pool games, semi finals and finals in cup, plate and bowl tournament.

Women: Pool games, semi finals and finals in cup, plate and bowl tournament.

First final 13.00, Last match Cup final 15.30.

### Useful addresses:

Dansk Rugby Union

Idrættens Hus

Brøndby Stadion 20

DK 2605 Brøndby

Tlf/Phone: +45 43262800

Hjemmeside/Homepage [www.rugby.dk](http://www.rugby.dk)

Mail [info@rugby.dk](mailto:info@rugby.dk)

Rugbyklubben Speed

Løjtegårdsvej 58

DK 2770 Kastrup

Tlf/Phone +45 32500293/ +45 32500230

Hjemmeside/Homepage [www.rkspeed.dk](http://www.rkspeed.dk)

Mail [rkspeed@rkspeed.dk](mailto:rkspeed@rkspeed.dk)



News and results are available on

[www.scandinaviansevens.dk](http://www.scandinaviansevens.dk)

Scan the QR code and go directly to the page



# **WELCOME TO COPENHAGEN SCANDINAVIAN SEVENS 10-11 AUGUST 2019**

## **Sevens in Copenhagen is a tradition**

RK Speed hosts the annual international sevens tournament in Travbaneparken for the 33rd time. Initially the tournament was hosted by different clubs around Scandinavia, but since 1987 Speed has hosted the tournament and teams arriving from around the world for a weekend of sevens and festivity in Copenhagen.

In the first tournaments mostly teams from Scandinavia participated, but slowly it has grown to involve teams from all over Europe and often from further abroad as well. The tournament was initially only a men's tournament, but now both men and women compete in Cup, Plate and Bowl tournaments, while Old Boys are also present. In total about 50 teams will join the 2019 event, and participate at different levels in both the on and off pitch action taking place over the weekend.

As introduced in 2013, the winning teams will receive monetary prizes this year.

On behalf of the club we are happy to host all players, officials, and spectators for two days good rugby, friendship and entertainment.

The sevens committee



All photos by Daniel Storch (<http://www.danielstorch.eu/>)



# Overview of clubhouse area



## Precautions due to risk of fire

Open fire is prohibited by the authorities. This leads to different precautions which must be observed by everyone at the sevens.

Open fire is not allowed anywhere. This includes preparation of food and barbecuing.



# Tournament Schedule

The tournament is played Saturday and Sunday for men and women, and Saturday only for Old boys and Old Girls. Matches are played on five pitches located near the RK Speed club house. Saturday games are played 12.00 to 18.30 and Sunday 10.00 to 16.00.

Pools and the playing schedule are announced Friday evening.

The Sunday playing schedule is announced Saturday evening at 19.30.

## Men's teams

Saturday the teams will play in groups of four or five teams for seeding for Sunday finals.

Sunday cup, plate and bowl tournaments will be played according to saturday results. All three tournaments will be played in pools from which the best teams will play the finals.

The cup winners of last year, Hundested Spurs, will not be present, but the winners of 2016 and finalists from the last two years, Ramblin Jesters, will be ready to retain the title. Likewise will some of the other cup teams from last year Berlin Sevens, Frederiksberg and Speed which all played the Cup tournament.

Berlin Grizzlies Rugby Club GER

Berliner Rugby Club - Sevens Team GER

Blindstad Highlanders NOR

CSR-NANOK DEN

DTU Exiles DEN

Frederiksberg RK DEN

HRC Löwenzahn GER

Hundested Rugbyklub DEN

Häljarp Heroes Rugby Club SWE

Iceland Exiles ICE

Latino Vikings DEN

Livenation's Hands of Steel DEN

NTNUI NOR

Odder rugby klub DEN

Ramblin Jesters ENG

Roskilde and Friend DEN

Rugby klubben Speed DEN

Rugby klubben Speed II DEN

Skebengas SWE

Team One Tonne ENG

Wolfpack SWE

Aarhus RK DEN

**KASTRUP**  
**BYGNINGS**  
**SNEDKERI ApS**

HORNEVEJ 13  
2770 KASTRUP  
CLAUS JØHNSSEN  
E-MAIL: [chj@kastnaphyg.dk](mailto:chj@kastnaphyg.dk)

TELF.: 32 50 20 22  
FAX: 32 50 31 22  
BIL: 28 15 34 00

RK Speed's clubhouse is open Friday to Sunday where we will host players and spectators of the Sevens.

Saturday night food will be served from the barbecue and music and festivities will take place in the bar area.

Opening hours  
Friday 14-24  
Saturday 08-02  
Sunday 08-18

# Women's teams

Saturday the teams will play in groups of four or five teams for seeding for the Sunday finals.

Sunday cup, plate and bowl tournaments will be played according to saturday results. The three tournaments will be played in pools from which the best teams will play the finals.

2017 cup winners and 2018 finalists Ramblin Jesters will join, but last year's winners from Poland will not be present after several consecutive appearances. Tabusoro Angels and Susies Sevens are two other previous winners participating this year.

Borås Rugby FC SWE  
DTU Exiles DEN  
FRK Ladies DEN  
Malmö Rugby Club Black Widows SWE  
NTNUI NOR  
Ramblin Jesters ENG  
Rugbyklubben Speed Ladies DEN  
Sagene IF Rugby kvinner NOR  
Susies Sevens NED  
Tabusoro Angels International NOR  
The A-Team DEN  
Vänersborgs rugbyklubb SWE  
Wolfpack SWE

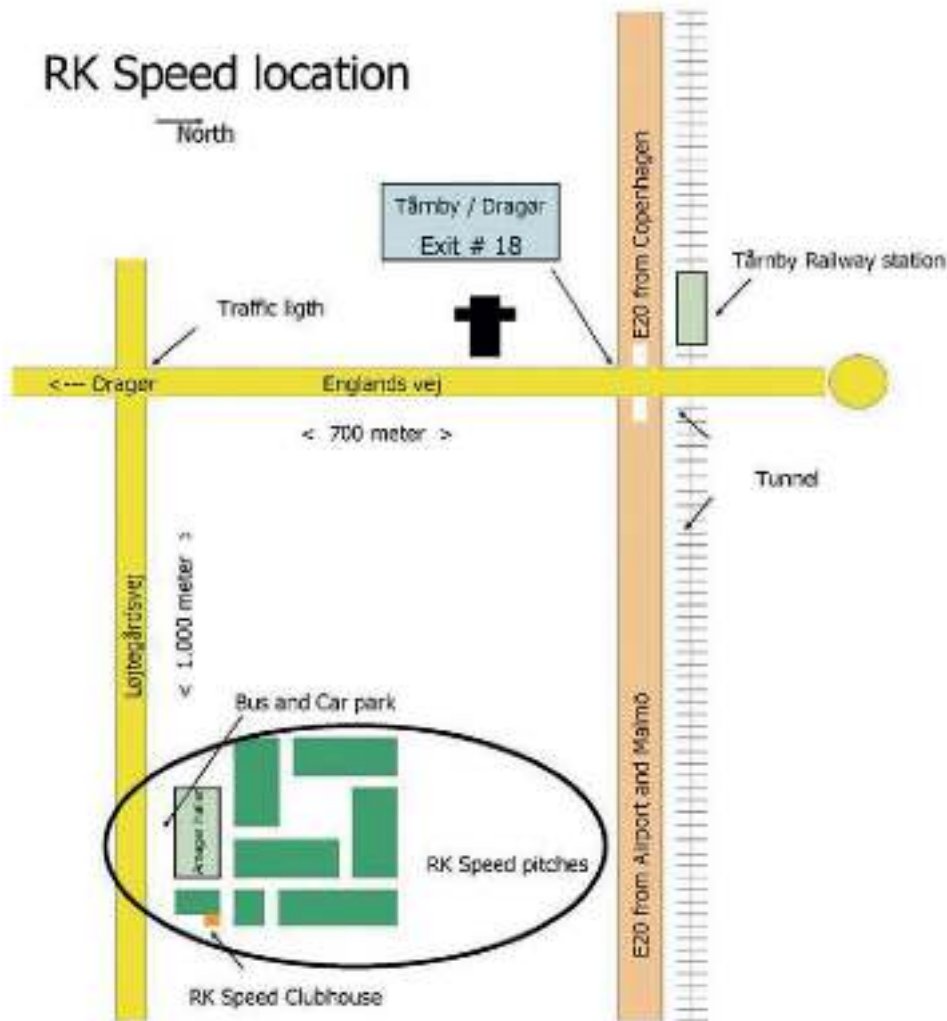


Murerfirmaet <b>Lasse Jensen</b>	ApS	<b>LJ</b>
Lasse Jensen		
Ambøl Alle 3 2770 Kastrup murerlasse@mail.dk	Tel.: 32 57 35 09 Fax: 32 57 35 06 Mobil: 20 28 72 14	



# How to get to Rugbyklubben Speed

SAUDET KOMMUNE OG DEN RUGBYKLUDBEN SPEED



RK Speed - Løjtgaardsvvej 58B - 2770 Kastrup - +45 3250 0293

## Important times

### Saturday

10.30 Captains' meeting in party tent

12.00 First matches kickoff

18.30 Old boys final Pitch 2

### Sunday

10.00 First matches kickoff

13.00 Women's Bowl Final Pitch 1

13.30 Men's Bowl Final Pitch 1

14.00 Women's Plate Final Pitch 1

14.30 Men's Plate Final Pitch 1

15.00 Women's Cup Final Pitch 1

15.30 Men's Cup Final Pitch 1

# Old boys' teams

Saturday the teams will play in pools and the best teams will play the finals. The exact tournament form will be announced Saturday morning.

After several years Swedish dominance, it was the Danish Old Gringos who won the 2018 final. Once more the two strong Swedish sides Malmö RK and West Coast Masters will be present and will likely be strong contenders.

Erritsø old boys DEN  
Gray Seals DEN  
Malmö Rugby Club Oldboys SWE  
NANOK old bears DEN  
Old Gringos DEN  
RC ODENSE OLD BOYS TEAM DEN  
Roskilde and Friends DEN  
Tabusoro Jurrasics International NOR  
West coast masters SWE



**Scandinavian 7s  
Viking games**

DO YOU THINK YOU HAVE WHAT IT TAKES...  
COME AND TEST YOUR POWERS  
WITH GAMES SUCH AS

- LIFTING YMER'S BALLS
- THROWING THYR'S DINAR
- THROWING THOR'S GUARDIAN SWORD
- THE CIRCLE OF MIDD
- AND.... THE GRAND FINALLY

THE GAMES WILL START AT 20.00 IN THE  
MARKED AREA INFRONT OF THE CLUBHOUSE

PLEASE SIGN UP  
ON THE BOARD AT  
THE CLUBHOUSE  
MAIN ENTRY

# Payment with tokens

All payment should be done by tokens, which will be the only accepted currency during the period from Saturday morning until Sunday afternoon. Tokens will be sold at dedicated places.



## Off-pitch action Saturday

After the final match Saturday evening, which according to tradition will be the Old Boys final, the chef and his team will be ready with dinner from the barbecue at very reasonable prices.

Party Royale will entertain in the tent.

Inside the club house the DJ's will be in charge of events and make sure everyone will enjoy the night.

Hopefully many teams will take on the challenge to dress up for the night's Viking Games where different skills of the teams will be challenged.





# Arbejdernes Landsbank



Autoriseret installationsfirma  
VVS - EL - VENTILATION



*W. VENTILATION ApS*

Rentemestervej 35  
2400 København NV  
Telefon 38 10 79 10  
Telefax 38 88 26 66

## Prizes for winners

Cup winners Men: 1000€

Cup winners Women: 1000€

Cup Winner Old boys: 200€ for the bar

Plate winners Men: Entry fee 2020

Plate winners Women: Entry fee 2020

Bowl Winners Men: Entry fee 2020

Bowl Winners Women: Entry fee 2020

Best Scandinavian Team Men 500€

Best Scandinavian Team Women 500€



 **STILLADSER A/S**

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**TAGE NIELSEN**

Direktor

Mobil 40 50 61 87

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Tårnfalkvej 20-22 · Postboks 154 · 2650 Hvidovre  
Telefon 36 77 11 55 · Telefax 36 77 11 13

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**Meyland & Baage**

Køleteknik

[www.meyland-baage.dk](http://www.meyland-baage.dk) · Fuglebækvej 2B · 2770 Kastrup





**Johansen**

**EL - Ventilation**

**Telefon 38 10 79 10 - w-teknik.dk**



**Amager VVS Service**

v/ Peter Hvass-Larsen

26 16 78 43

amagervvsservice@webspeed.dk





# INFORMATION FOR THE PARTICIPATING TEAMS

The tournament runs Saturday and Sunday.

The tent area is open from Friday morning.

The clubhouse is open Friday-Sunday. Saturday night all teams are invited to participate in the festivities where food is available and party may last all night.

1. All teams must have registered their players no later than Friday 9 August. A team may register up to 12 players. 12 players may be used in each game, i.e., 5 substitutions are allowed. For old boys rolling substitutions are allowed.
2. Saturday, all team captains meet in the party tent at 10.30.
3. Ladies' changing room and bath in Travbanehallen, Entrance A.
4. Men's changing room and bath in the sidebuilding Entrance D.
5. There are toilets in Amagerhallen Entrance D, and then into the hall.
6. For all teams staying in tents the tent area is open from Friday. When you arrive, ask for the tent responsible, he will show your team a place to camp.

## **Tournament form**

Men's teams will be put into pools decided by a draw before the start of the tournament. The games will on Saturday be played on 5 pitches. The pitches are located close to each other so it will be possible to watch all the games.

On the second day the best teams will play a tournament for the COPENHAGEN SCANDINAVIAN OPEN CHAMPIONSHIP. The second best teams will play for THE PLATE. The last group of teams will play a tournament for THE BOWL.

The ladies tournament will also be played both Saturday and Sunday. On the second day the best teams will play a tournament for the COPENHAGEN SCANDINAVIAN OPEN CHAMPIONSHIP. The second best teams will play for THE PLATE. The last group of teams will play a tournament for THE BOWL.

Old boys play Saturday only.

The complete tournament form will be announced on Friday.

There will be played 3 games per hour on each pitch, i.e., the tournament lasts from 12.00 to 20.00 on Saturday and from 9.30 to 16.00 on Sunday. We expect to play the 6 finals between 13.00 and 16.00 on Sunday.

## **Match rules**

The SO7 a-side match committee is the highest authority during the tournament. Matches are played after the international 7-a-side rules. Players can only play for one team. If a team, due to injuries, is in lack of players, the team will be allowed to use players from other teams, but only from teams who have left the tournament and from the same ranking or lower ranking tournament (CUP – PLATE or BOWL). Any changes of the team should be accepted by the tournament committee.

## **Injuries**

There will be trained first aid personel available for smaller injuries during the whole tournament.

## **Anti-doping**

The tournament is organized under the Danish Rugby Union and all players may be tested by Anti Doping Danmark at any time.

## **Food drinks etc.**

It will be possible to buy food, beer and soft drinks during the whole tournament; it

is also possible to order, before arrival, breakfast for Saturday and Sunday mornings. The bar in the clubhouse is open Friday evening and from 8 AM on Saturday and Sunday. Souvenirs will be sold in the club house.

Sale of drinks and rugby items is forbidden, and will result in exclusion from the tournament. It is not allowed to bring food and drinks into the club house.

Due to risk of fire hazards, preparation of your own hot food, is not allowed.

Before leaving the tent area, the team should make sure to remove garbage to the designated area and tidy the used space. Failing to do so may result in exclusion from future tournaments.

### **Transport**

Public buses from the main railway station (centre of Copenhagen city) to Amager Hallen, (close to the club house). Transport time is about 30 min.

Train from the main railway station (centre of Copenhagen city) or from the airport to Tårnby station (10 minute's walk from the club house). Transport time is 10 min.

Taxi from the airport is 5 min. Taxi from centre of Copenhagen city is 15 min.

Motor highway to Copenhagen airport is passing close to the club, 1½ km.

### **Accommodation**

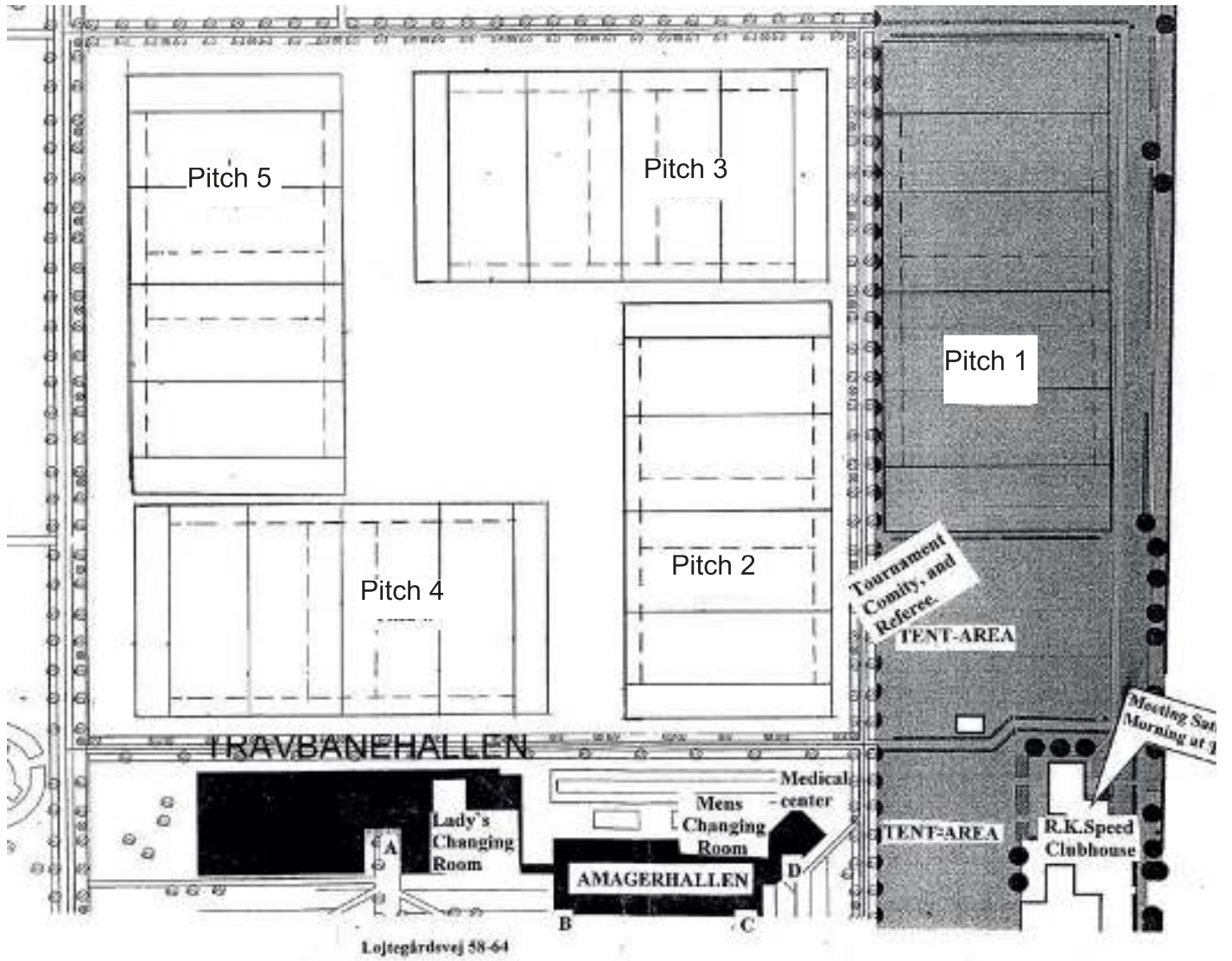
We have space for tents nearby the clubhouse. For those who will stay in tents we can arrange breakfast Saturday and Sunday morning. Car parking, use of electrical equipments and use of open fire is forbidden in the camping area, due to the risk of fire.

The team is responsible of removing garbage and tidying the area when leaving.

Failing to do so may result in exclusion from future tournaments.

On the web address [www.visitcopenhagen.dk](http://www.visitcopenhagen.dk) it is possible to get all kind of information regarding Copenhagen.





**FAXE KONDI**



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gør det nemt

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